

Skylarks Menu Autumn 2017

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------------------|---------------------|---------------------|---------------------|------------------|---------------------|
| 4 th September | Toast | Cheese and crackers | Pasta | Fruit and yogurt | Crumpets |
| 11 th September | Pasta | Cereal | Fruit and yogurt | Beans on toast | Cheese and crackers |
| 18 th September | Cheese and crackers | Crumpets | Bread Pizza | Cereal | Toast |
| 25 th September | Crumpets | Pasta | Cheese and crackers | Toast | Fruit and yogurt |
| 2 nd October | Toast | Bread Pizza | Fruit and yogurt | Cereal | Cheese and crackers |
| 9 th October | Pasta | Cereal | Cheese sandwich | Fruit and yogurt | Crumpets |
| 16 th October | Cheese on crackers | Beans on toast | Fruit and yogurt | Pasta | Cereal |
| 23 rd October | Cereal | Fruit and yogurt | Pasta | Toast | Cheese sandwich |

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